

# Philanthropists can consider a set of proven and promising strategies to make an impact on this crisis

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Expand and retain clinical and non-clinical workforce



Improve mental health via the K-12 school system



Expand access to culturally competent treatment



Build the crisis-response infrastructure



Improve proven treatment and diagnostic methods, including through neurological research



Increase the awareness of and cultural change around mental health, including destigmatizing mental illness



Improve integration with other systems (e.g., justice, public housing, child welfare)

Although there are many viable strategies, we can confidently recommend these seven based on experience with funders and practitioners pursuing these successfully, as well as widespread input from field experts